



## **Connecticut State Dental Association**

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### Connecticut State Dental Association's (CSDA) Position Statement on Tooth Whitening Outside of the Dental Office

The CSDA strongly believes that prescriptive tooth whitening should only be performed in the dental office, by either a dentist, or under the appropriate supervision of the dentist. Tooth whitening products, such as those utilized for ZOOM whitening and other procedures contain potent oxidizing elements that, if applied incorrectly or inappropriately, could cause a serious chemical burn. Some whitening procedures also utilize a light source that if applied incorrectly or inappropriately could cause harm to the patient as well. It is important for patients who wish to have tooth whitening consult with their dentist to determine the most appropriate treatment. This is especially important for patients with many fillings, crowns, and dark stains on their teeth. Additional concerns with the application of tooth whitening in a non-dental office are infection control and compliance with OSHA regulations.